

Let us pray.

Holy and gracious God,
we give you thanks and praise
that in the fullness of time
you gave your only Son
to share our human nature
and to be tempted in every way as we are,
yet without sin;
to set his face resolutely towards Jerusalem
and to be lifted high upon the cross,
that he might draw all creation to himself.

When the hour of his glory came,
and loving his own to the end,
he sat with them at supper,
took bread and, after giving thanks to you, he broke it and gave it to his
disciples, saying,
'Take, eat. This is my body which is for you.
Do this in remembrance of me.'
In the same way
he took the cup after supper, saying,
'Drink from this, all of you;
this cup is the new covenant in my blood.
Do this, whenever you drink it,
in remembrance of me.'

In obedience to his command
we recall his suffering and death,
his resurrection and ascension,
and we look for his coming in glory.

Send your Holy Spirit
that these gifts of bread and wine
may be for us the body and blood of Christ.

In union with Christ's offering for us,
we offer ourselves as a holy and living sacrifice.

Unite us in love and peace with all your people until, with the whole company
of heaven, we are brought into the presence of your eternal glory,
through Jesus Christ our Lord. Amen.

Breaking of the Bread

The bread we break is a sharing in the body of Christ.

Christ is the Bread of Life.

The cup we take is a sharing in the blood of Christ.

Christ is the true Vine.

We say together:

Lord, we come to this your table,

Trusting in your mercy

And not in any goodness of our own

We are not worthy even to gather up

the crumbs under your table,

but it is your nature always to have mercy,

and on that we depend.

**So feed us with the body and blood of Jesus Christ, your Son,
that we may forever live in him and he in us.**

Amen.

Prayer after Communion

Lord we thank you for satisfying our hungry hearts,

with this holy meal, shared in the Spirit with your Son;

As his death brings us life and hope,

So may his resurrection lead us to salvation;

This we ask through Jesus Christ our Lord. Amen.